



ACTIVE SCHOOLS WEEK



29TH APRIL - 3RD MAY 2024

Monday

Andy Moran to work with senior classes.

9:30am - 3rd & 4th
10.00am - 5th & 6th

11 B4 11 for junior classes

Playground Leaders: 2nd Class

Poly Spots: Jnr Infs and Snr Infs

Tuesday

Parents Walk with Mrs Higgins and Mrs Coyle @ 9:20am

11 B4 11 for all classes

Playground Leaders: Senior Infants

Poly Spots: 1st and 2nd classes

6th class students to lead fitness circuits for 5th Class

Wednesday

Charlene 'Roscommon Sports Partnership' to work with junior classes.

9:30am - 2nd class
10.00am - 1st class
10:30am - Snr Infs
11:15am - Jnr Infs

Poly spots: 3rd & 4th classes

Playground Leaders: Junior infants

5th class students to lead fitness circuits for 4th Class

Thursday

Dance Take Over: 10:30am

Playground Leaders: 1st class

Poly Spots: 5th and 6th classes

Skipping challenge with 3rd Class at 2:30pm: led by MS Sloyan & MS McCann

Teacher step count challenge: Count to be recorded at 3pm



Extras:

Main event: #dancetakeover 'Cha Cha Slide' on Thursday for all classes

<https://www.youtube.com/watch?v=|1gMUbEAUFW>

All to wear tracksuits/PE gear all week, including staff where possible.

Active homework to replace other homework, alongside reading/spellings. Ask children to record and share with you via Google Classroom/Seesaw.



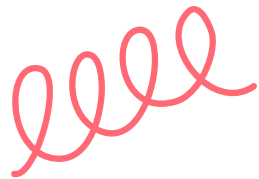
Poly spot activities emailed to all.



Junior Classes to visit playground: each class to choose time/day that suits.



Bring your class for a run daily.



Please take photographs and send to Ms Sloyan via email
sarahsloyan@stattractasns.com

It's also important that teachers are tweeting activities tagging @ActiveFlag using
#activeschoolsweek #ASW24 #dancetakeover